



MENU FOR THE WEEK OF:
July 26th-30th, 2010



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST

Cereal
&
Fruit

Blueberries
Cottage Cheese
&
Toast

Cereal
&
Fruit

Strawberries
Yogurt
& Granola Parfait

Muffins
&
Fruit

LUNCH

BBQ Chicken
Sandwich

Carrots

Mix Fruit

Pasta Primavera

Apple Slices

Meatballs

Green Beans

Oranges

Chicken Veggie
Rice

Pears

Hot Dogs

Carrots

Grapes

SNACK

Cheese
Cubes

Carrots w/ Ranch
or
Ritz Crackers

Pineapple

Rosey's
Trail
Mix

Snack
Mix
Up